

STUDIO B (Upstairs Gym)

Summer 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Court 6 AM - 5:30 PM	Open Court 6:30 AM - 6:30 PM	Open Court 6:30 AM - 9:00 PM	Open Court 6 AM - 6:15 PM	Open Court 6 AM - 7 PM	Open Court 11 AM - 5 PM	Open Court 11 AM - 5 PM
Core & More 5:30 - 6:15 PM	Interval Training 6:30 - 7:30 PM		Interval Training 6:30 PM - 7:30PM		Open Court 9 - 9:45 AM	
Open Court 6:15 - 9 PM	Open Court 7:30 - 9 PM		Open Court 7:30 - 9:00 PM		Core & More 10 - 11 AM	Women Only 10 - 11 AM

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE FOR EVENTS